

ALL DAY BRUNCH

Cornish Brunch

10.95

Locally Sourced Sausage, Smoked Back Bacon, Black Pudding, Hogs Pudding, Hash Brown, Beans, Portobello Mushroom, Roasted Tomato, Toast & Butter Fried, Poached Or Scrambled Eaa

Veggie Brunch (V)

10.95

12 95

Plant Based Sausage, Roasted Tomato, Flat Mushroom, Hash Brown, Baked Beans, Flame Roasted Peppers, Grilled Halloumi, Toast & Butter Vegan Option Available Fried, Poached Or Scrambled Egg

American Diner

2 Buttermilk Pancakes, Smoked Streaky Bacon, Maple Syrup, 2 Hash Browns, 2 Locally Sourced Sausages. Baked Beans

Fried, Poached Or Scrambled Eggs

Just Bacon / Sausage Ciabatta 5.75

Either Smoked Back Bacon Or Locally Sourced Sausages Add 2 Hash Browns

8.95 Smashed Avo Toast (Ve)

Two Slices Of Toasted Sourdough Topped With Smashed Auocado, Fresh Watercress, Olive Oil & Chilli Flakes

Add 2 Poached Eggs (V) 1.75

Buttermilk Pancake Stack 9.25

3 Zafs Recipe Buttermilk Pancakes with a choice of topping:

Smoked Streaky Bacon & Maple Flavoured Syrup Berry Compote & Greek Yoghurt Buttermilk Fried Chicken & Hot Honey







TOASTIES

Thick Bloomer Bread With A Choice Of Fillings, Served With Salted Hand-Cooked Crisps & Dressed Salad

UPGRADE TO FRIES +£2

Ham, Cheese & Charred Pineapple 8.25

Sliced Gammon Ham. Melted Cheddar & Mozzarella. Charred Pineapple Salsa

Tomato & Mozzarella

8.95

With Melted Cheddar & Basil Pesto

Bacon, Brie & Cranberry Toastie

9.95

Smoked Back Bacon, Melted Brie & Cranberry Sauce

CIABATTAS

Lightly Toasted Ciabatta With A Choice Of Fillings, Served With Salted Hand-Cooked Crisps & Dressed Salad

UPGRADE TO FRIES +£2

New Yorker

12.50

Sliced Pastrami, Swiss Cheese, Dijonnaise & Pickled Slaw

IPA Battered Fish Finger

12.95

IPA Battered Cod Goujons. Lemon & Dill Mayo & Fresh Watercress

Zafiros Club

12.95

Grilled Chicken Breast, Smoked Streaky Bacon, Swiss Cheese, Mixed Leaves, Sliced Tomato & Roasted Garlic Μαυο

PROUD TO SUPPORT LOCAL SUPPLIERS

	MILES
ST PIRANS PORK	4.9
COLIN CARTERS EGGS	6.5
BAKER TOMS BREAD	9.6
RODDAS CREAMERY	9.5
WESTCOUNTRY FRUIT & VEG	10.8
M YATES BUTCHERS	12.8

WRAPS

Chararilled Flour Tortilla With A Choice Of Fillings, Served With Salted Hand-Cooked Crisps & Dressed Salad

UPGRADE TO FRIES + £2

Buttermilk Chicken & Bacon

12.95

Buttermilk Fried Chicken, Smoked Streaky Bacon, Swiss Cheese, Roasted Garlic Mayo, Shredded Lettuce, Tomato Slices & Cucumber & Sweet Chilli Jam

Brunch Banger

12.95

Smoked Back Bacon, Locally Sourced Sausage, Melted Cheddar Hash Brown & Scrambled Eggs, Served With 2 Hash Browns Veggie/Vegan Option Available

Slow Cooked Pulled Pork

12.50

Slow Cooked Pulled Pork, BBQ Sauce, Caramelised Onions. Melted Cheddar & Shredded Lettuce

Buddha Wrap (Ve)

9.95

Smashed Avo, Roasted Garlic Houmous, Mixed Leaves, Iceberg lettuce, Roquito Pepper Pearls, Cucumber, Sliced Tomato, Chopped Herbs, Red Onion, Citrus Marinated Olives

SALADS

Grilled Chicken & Bacon

12.95

Grilled Chicken Breast, Smoked Bacon, Mixed Leaves, Roquito Pepper Pearls, Cucumber, Watercress, Caramelised Onions, Chopped Herbs, Honey & Mustard Dressing Finished With Basil Pesto

Feta & Hot Honey (V)

12.95

Crumbled Feta, Mixed Leaves, Tomato, Cucumber, Red Onion, Roquito Pepper Pearls, Citrus Marinated Olives. Watercress, Pomegranate, Mint Yoghurt & Hot Honey Drizzle

BURGERS

Served In A Toasted Brioche Bun Alongside
A Dressed Side Salad

ADD FRIES +£2

Classic Zafs

11.95

Our Recipe Beef Burger, Shredded Lettuce, Sliced Tomato & Zafiros Burger Sauce

BBQ Bacon Cheese

13.25

Our Recipe Beef Burger, Smoked Streaky Bacon, Melted Cheddar, Shredded Lettuce, Sliced Tomato & BBQ Sauce

Hot Chick

13.95

Hot Honey Buttermilk Fried Chicken, Swiss Cheese, Smoked Streaky Bacon, Shredded Lettuce, Sliced Tomato & Roasted Garlic Mayo

Tex Mex Stack

14.25

Our Recipe Beef Burger, 5 Bean Chilli, Nacho Cheese Sauce, Smashed Avo, Tortilla Chips, Shredded Lettuce & Tomato Salsa

Halloumi & Pomegranate (V)

14.25

Fried Halloumi, Flame Roasted Peppers, Mint Yoghurt, Pomegranate, Sliced Tomato, Watercress, Sweet Chilli Jam

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE ANY FOOD
ALLERGIES, INTOLERANCES OR DIETARY REQUIREMENTS. WE MAKE
EVERY EFFORT TO TO TRAIN OUR STAFF, HANDLE OUR INGREDIENTS
CAUTIOUSLY AND RESPECT DIETARY REQUIREMENTS. HOWEVER, DUE
TO THE OPERATIONAL NATURE OF OUR KITCHEN WE CANNOT
GUARANTEE ANY DISH TO BE ALLERGEN FREE

Owned by the same local family since opening in 2006 we take pride in supporting local cornish suppliers & we make our own recipes in house where possible



SMALL PLATES

IDEAL FOR SHARING



ANY 2 FOR £15 / ANY 3 FOR £20 / ANY 5 FOR £30

Antipasti Plate (Ve)

7.95

Toasted Sourdough, Cornish Market Olives, Roasted Garlic Houmous, Roquito Pepper Pearls, Sundried Tomato & Olive Tapenade, Olive Oil & Balsamic

Hot Honey Chicken Strips

8.75

4 Buttermilk Fried Chicken Strips, Drizzled With Hot Honey & Served With Roasted Garlic Mayo

Tomato Bruschetta (Ve)

7.95

Slices Of Toasted Sourdough, Fresh Tomato, Roasted Garlic & Fresh Basil, Topped With Sundried Tomato & Olive Tapenade & Basil Pesto

Loaded Fries

8.45

Skin-On-Fries With Melted Cheddar, Soured Cream, Chopped Parsley & A Choice Of Topping:

Slow Cooked BBQ Pulled Pork Buttermilk Fried Chicken Fried Halloumi (V) Bean Chilli (V)

Salt & Pepper Squid

8.45

8 Fried Salt & Pepper Squid Pieces Served With Roasted Garlic Mayo & Lime

Beer Battered Cod Goujons

8.95

3 IPA Battered Cod Goujons, Served With Lemon & Dill Mayo

Loaded Quesadillas

8.45

Grilled Mini Flour Tortillas Filled With Cheddar & Mozzarella & A choice Of Filling, Served With Soured Cream & Smashed Avocado:

Just Cheese (V)

(7.25)

Cajun Dusted Hot Honey Chicken Slow Cooked BBQ Pulled Pork Zafs Bean Chilli (V)

Loaded Nachos

8.45

Warm Corn Tortillas Topped With Nacho Cheese Sauce, Melted Cheddar, Soured Cream, Smashed Avocado & Fresh Tomato Salsa

Just Cheese (V)

(7.25)

Cajun Dusted Hot Honey Chicken Slow Cooked BBQ Pulled Pork Zafs Bean Chilli

Popcorn Halloumi (V)

8.75

Fried Halloumi PIeces, Pomegranate, Mint Yoghurt, & Sweet Chilli Jam

Greek Salad (V)

7.95

A Chopped Salad Of Cucumber, Roquito Pepper Pearls, Red Onion, Olives, Tomato, Mint, Chopped Parsley, Feta, Olive Oil & Oregano Dressing

Pulled Pork Melting Pot

7.95

Slow Cooked BBQ Pulled Pork With Caramelised Onions, Melted Cheddar & Mozzarella, Served With Toasted Sourdough

Loaded Sliders

9.25

3 Mini Brioche Buns Toasted & Filled WIth Melted Cheddar & Mozzarella, Cheese Sauce, With A Choice Of Any 3 FIllings:

Slow Cooked BBQ Pulled Pork

Zafs Bean Chilli (V)

Cajun Dusted Hot Honey Chicken

FXTRAS

Bowl Of Skin-On-Fries (Ve)

3.95

3.95

With Melted Cheddar & Mozzarella (V) 5.50

·Citrus Peel Marinated Olives (Ve)

A Bowl Of Cornish Citrus-Peel Marinated Olives